

# Spray For Life® B-12 Formula

## Contains No Fruit Juice

### Supplement Facts

**Serving Size** 6 sprays (780mcl)  
3 sprays, twice daily

**Serving Per Container** 30

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**Amount Per Serving**

**Daily Value\***

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Vitamin B-12 (as Cyanocobalamin) .....1200 mcg..... 20,000%

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\* Percent Daily Value is based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Other Ingredients:** purified water, vegetable glycerin (palm), citric acid (natural preservative), potassium sorbate, natural spearmint flavor.